



January 2023

### President's Message

Greetings colleagues. I want to thank each and every one of you for taking time out of your busy schedules to be a member and participate in organized dentistry. If you have not yet renewed your membership, please take this opportunity to do so – the ADA now offers convenient monthly and quarterly dues payment options.

As we usher in this new year, we are well situated to build upon our legislative successes of 2022 to fight for dentistry and protect the profession. Over the past year, we have delivered real, tangible value through our advocacy that affects every dentist in Maryland. From delivering our Oral Health Task Force Report to the Maryland General Assembly, to ensuring operating room access for pediatric and special needs patients, to passing legislation establishing Expanded Function Dental Assistants, as well as an Adult Dental Medicaid benefit, we have been working to break down barriers to



care and provide options to increase practice efficiency and deliver more high-quality care to more patients.

Advocacy will be critical this year, as newly elected officials begin their terms in the Maryland General Assembly. Many of these legislators are in newly created districts or districts with boundaries that have shifted due to the recent redistricting. It will be important for Maryland dentists to meet with delegates and senators from all 47 legislative districts to introduce ourselves, and discuss the issues that are important to our profession.

To that end, I encourage all SMDS members to join for Dentist Day in Annapolis on Wednesday, February 15, to advocate for and against legislation affecting dentistry. MSDA makes the process easy and stress free by providing pre-Dentist Day webinars to go over the issues, as well as resources, background materials, talking points, position papers and leave behinds. Members can register at the MSDA website. I hope to see a strong SMDS contingent at Dentist Day!

Finally, as we move out of the era of COVID, I am excited to announce that SMDS will be resuming our in-person General Membership Meetings in April. More details will be forthcoming, but I would like to take this opportunity to recognize our Executive Director, Val Fridley and our Trustee Dr. Charlie Doring for the hard work they have put in to make this happen. I look forward to seeing everyone in person, in April!

As always, if you have any questions or concerns, or would like to get involved in a leadership capacity (either large or small), please do not hesitate to call or text me at (240)-599-6050.

Respectfully, Steven G. Feldman, DDS President SMDS

### Save the Dates

### 02/06/23

### Expanding Your Pediatric ToolKit

Dr. Anupama Tate and Dr. Erica Caffrey

### 01/18-03/18/23

Dental Assisting Radiology & Basic Anatomy

Dr. Joseph Frew & Dr. Halima Karim

### 02/25/23

Botox and Dermal Fillers

Dr. Kevin Doring

### 03/18-19/23

Pediatric Tongue– and Lip Ties and Laser Frenectomies

Dr. Brynn Leroux & Catherine Watson Genna

"Oracle



Southern Maryland Dental Society 4920 Niagara Road • Suite 306 College Park, MD 20740 301.345.4196 Fax 301.345.0016

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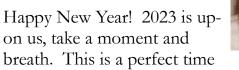
The ORACLE is published eight times a year by the Southern Maryland Dental Society, 4920 Niagara Road, Suite 306, College Park MD and sent to all members of the Society.

The SMDS will publish signed articles relating to all phases of dentistry (space permitting), but assumes no responsibility for opinions expressed by the contributors.

Acceptance of advertising in no way constitutes professional approval or endorsement. Deadlines for all materials is the 1st of the month preceding the issue. Publishing dates are September, October, November, December, January, February, March, May/June.

### **Editors Letter**

Dear friends,



to establish a game plan for the year ahead. It's not too late! I read a great article from the Washington Post on 13 tips to make your job less stressful this year. My top 3 take aways were

- 1. Reestablish boundaries for better work life balance
- 2. Reconnect with people
- 3. Get a head start –take 15 minutes once a week to create a priority list for work and home

We have come so far. Make this year count. I look forward to seeing everyone at the next SMDS Live Webinar on February 6th. Don't forget to sign up for Dentist Day on February 15 in Annapolis and ADA Lobby Day on March 5th in Washington.

#### Cheers,

Halima Karim, DDS, FAGD



Clear your calendars for Feb. 15 and join us once again at Governor Calvert House for Dentist Day in Annapolis 2023. We look forward every year to this convening of colleagues as we descend upon Annapolis and the Maryland State House to advocate for and against legislation that impacts dentistry.

While getting to know our elected officials is important every day of the year, Dentist Day is an important culminating event as dentists meet with dozens of lawmakers over the course of the morning.

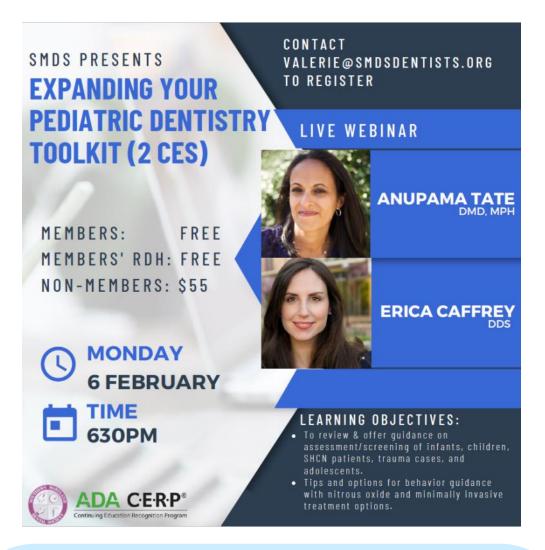
The MSDA makes the process as easy as possible and will provide you with the resources and information you need to be successful, including talking points, background material, supporting documents, FAQs, and position papers. We will also continue with our pre-Dentist Day webinars to help educate all our participants on the process, the ins and outs of Annapolis, as well as getting into the details of priority pieces of legislation. The first webinar will be Jan. 26, to help understand the general logistics of Dentist Day. The second webinar on Feb. 13, will go over the latest legislation and additional details about our own priorities

This year is critical as newly elected officials, several in newly created districts in both Montgomery and Prince George's counties, begin their terms in the General Assembly. MSDA member participation now, and on Dentist Day, is a must for us to be truly effective. If you have questions, please don't hesitate to reach out to the MSDA Advocacy Team at <u>advocacy@msda.com</u>.

We hope you will join us on Feb. 15! Sign up here: https://web.cvent.com/event/06dc1974-

## **REGISTRATION OPEN!**





## **REMINDER**

General Membership Meetings are FREE to SMDS members who register in advance.

Failure to register at least one week in advance will result in a \$25.00 late charge.

To register <u>Please call</u> 301.345.4196 or <u>Email</u> valerie@smdsdentists.org

### THE SOUTHERN MARYLAND DENTAL SOCIETY PRESENTS

1 Day Hands-On Course 8 CE Hours

> AGD Codes 780, 200

When February 25, 2023 8:00 AM - 5:00 PM

### Meet the Instructor



Kevin R. Doring

AGD

a graduate of te Johns apkins

University and earned his D.D.S. degree at the University of Maryland School of Dentistry. He then completed a general practice and anesthesia residency at the Charleston Area Medical Center. He holds Mastership in the Academy of General Dentistry, is a Fellow in the American College of Dentists, the International College of dentists, the International College of dentists, the International College of Oral Implantologists. Dr. Doring has been published in numerous dental journals and has lectured throughout the U.S. and internationally. He currently maintains a comprehensive general dental private practice in Edgewater. Maryland.

Call 301 345-4196 Email Valerie@smdsdentists.org

## Facial Esthetics Training Course: Botox and Dermal Fillers

### College Park, MD (near Washington, DC) 4920 Niagara Road Suite 306, College Park, MD 20740

### Course synopsis

This one day course is designed for all dentists who wish to consider incorporating cosmetic facial enhancement treatments into their practices. The course will include 4 hours of lecture and 4 hours of participation credit for a total of 8 hours of continuing education. The latest cosmetic enhancement techniques utilizing Botox and Juvederm dermal fillers will be discussed and demonstrated. Participants will have the opportunity to perform these techniques on their own live patients.

#### Topics covered will include:

- The science of Botox and Dermal Filler treatments
- Review of facial anatomy
- Processes of aging and their effects on facial appearance
- Indications and contraindications of treatments
- Informed consent and legal considerations
- State Board guidelines
- Malpractice Insurance and your protection
- Incorporating cosmetic facial therapies into your practice
- Marketing cosmetic procedures

### Course schedule

8:00 - 8:30	am	Breakfast and registration
8:30 - 10:15	am	Theory and practice of Botax therapy
10:15 - 10:30	am	Break
10:30 - 12:00	pm	Hands on Botox exercises
12:00 - 1:00	pm	Lunch
1:00 - 2:45	pm	Theory and practice of dermal fillers
2:45 - 3:00	pm	Break
3:00 - 5:00	pm	Hands on Juvederm dermal filler exercises

Participants are encouraged to bring patients on whom Boxtox/Juvederm procedures will be performed during the hands on portions of the course. Botox and Juvederm products will be available for purchase to use at the course.

#### Tuition

SMDS Members: \$895 Residents: \$395 Non SMDS members: Staff/Patient:

s: \$995 \$225

Breakfast, Lunch, Afternoon snack, hot and cold beverages will be provided.





### **The Southern Maryland Dental Society Presents**



## Pediatric Tongue- and Lip-Ties and Laser Frenectomies

2-Day Hands-On Course - 15 CEUs

WHERE: 4920 Niagara Rd, Suite 306, College Park, MD 20740 WHEN: March 18-19, 2023 (Sat. & Sun.) • 8:00 am - 4:30 pm

#### Meet the Faculty Brynn Leroux, DDS



Dr. Leroux is a graduate of Louisiana State University School of Dentistry and was ranked 2nd in her graduating class. She completed a residency in Pediatric Dentistry at the Medical University of South Carolina, acting as Chief

And in her graduating class, she completed a residency in Pediatric Dentistry at the Medical University of South Carolina, acting as Chief Resident. Dr. Leroux graduated as Valedictorian from Catholic High School of Pointe Coupee and continued on to study Biological Sciences at LSU in Baton Rouge. Dr. Leroux is a partner in Associates in Pediatric Dentistry, a group practice with 4 locations serving the Greater Baton Rouge area. She is a Board Centried Pediatric Dentist of the American Board of Pediatric Dentistry. She is an active member of numerous dental organizations and societies, including the Greater Baton Rouge Dental Association, cousiana Dental Association, American Dental Association, Southwestern Society of Pediatric Dentistry, American Academy of Pediatric Dentistry, CNU National Dental Society, CE. Kells Honorary Society, and Pierre Fauchard Honor Society.

#### Andrew Horng, DDS

Dr. Horng is a Diplomate of the American Board of Pediatric Dentistry and a Fellow of the American Academy of Pediatric Dentistry. He has been a clinical instructor at the University of Maryland School of Dentistry, n of Pediatric Dentistry since 2005. Dr. Horng ins a private practice in Rockville, MD. He is an active

Division of Pediatric Dentistry since 2005. Dv. Horny maintains a private practice in Rockville, MD. He is an active member of the American Dental Association and is a pattpresident of the Southern Maryland Dental Society. Currently Dr. Horng serves as the continuing aducation director of the SMDS.

#### Catherine Watson Genna, BS, IBCLC

Catherine Watson Genna has been an IBCLC in private practice in NYC since 1992. She has a special interest in the anatomical genetic and neurophysical influences on undert surface skills.

neurological interest in the anatomical, genetic and neurological influences on infant sucking skills, and writes and speaks internationally on these topics. Her research investigates the biomechanics of the lactating nipple, analyzing infant sucking via ultrasound and studying suckswallow mythms using cervical auscultation. She is the author of Supporting Sucking Skills in Breastfeeding Infants (jones and Bartlett Learning, 2008, 2013, 2017) and Selecting and Using Breastfeeding Tools (Hale Publishing, 2009, Praeclanus Press, 2015) and served as the founding Associate Editor of the USLCA Journal of Clinical Lactation.

Complete biographies can be found at also club/instructors

#### Tuition

SMDS Members: \$945 Residents: \$500 Non-SMDS Members: \$1,175 Staff/IBCLC: \$350

Registration Call (301) 345-4196 Email Valerie@smdsdentists.org Introduction: Enhance your understanding of the issues of pediatric laser dentistry, including tongueties and lip-ties! As many as 5 percent of all babies born in the U5 have tongue-ties significant enough to cause breastfeeding difficulties. Affected babies often fail to thrive and can be erroneously labeled as "lazy nursers" or "stubborn feeders".

A good surgical laser for cutting soft tissue must be able to vaporize soft tissue, while at the same time efficiently coagulating surgical margins. Not all laser wavelengths are suitable to comply with both requirements. This course focuses on the practical aspects of soft tissue laser surgery and the fundamental processes involved in the lasertissue interaction; it helps attendees learn how deep the laser beam cuts and how deep the coagulation and hemostasis extend into the surgical margins. Our **hands-on participation lab** is designed to train attendees on what surgical lasers can do safely and efficiently.

#### **Clinical Curriculum**

- Background and significance of TOTS;
- Diagnosis of pediatric tongue- and lip-ties;
- Multi-disciplinary approach to treating pediatric tongue- and lip-ties;
- Lactation support for the breastfeeding tongue-tied dyad;
- Bodywork and alternative therapy for the tongue-tied baby;
  Setting expectations with families and patients;
- Setting expectations with ramines and patients;
  Current methods of clinical assessment, diagnosis and treatment of pediatric lingual and labial ties.
  - Attendees will be able to:
    - o Describe infant sucking physiology and how tongue-ties impair infant suck;
    - Appropriately use reliable diagnostic criteria to screen babies and children for this condition;
      Clearly express orthodontic-myofunctional connection;
  - Discuss how the soft tissues of the orofacial complex may lead to malocclusion, TMD, headaches, and other problems; and
  - o List and define all consequences and benefits of using lasers to remove oral restrictions.

Laser Curriculum: The Laser Surgery and Safety Basic Knowledge Certification

Curriculum for this Course has been developed by the American Laser Study Club (ALSC). The ALSC's curriculum overcomes the known limitations of many laser dentistry courses and includes the detailed physics of soft tissue ablation and coagulation with laser and hot tip (non-laser) devices. Laser hands-on wet lab on tissue samples will include laser safety instructions, frenectomy simulations, and other surgical laser procedure demonstrations. Laser instructions will be assisted by the guest speaker Peter Viruk, PhD, MinstP, CPhys, a laser physicist who founded the American Laser Study Club and LightScalpel Inc.

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- Laser Safety
- Laser Surgical Technique Simulations

Hands-On Participation Session:

- Superficial Ablation
- Superficial Coagulation

#### **Course Certificates:**



Course participants, who successfully complete the examination, will be awarded a LASER SAFETY basic knowledge CERTIFICATE from the Board of Laser Safety of the Laser Institute of America (DISCOUNTED cost for the ALSC members), as well as a Laser Dentistry and Laser Surgery Basic Knowledge and Hands-On participation Wetlab CERTIFICATE from the American Laser Study Club (FREE for the course participants).

Practicing Surgical Techniques on a Pig Jaw

2 HOURS

Shallow Incisions

**Deep Incisions** 

About the ALSC: The American Laser Study Club (ALSC - www.AmericanLaserStudyClub.com) was founded to promote science-based laser dentistry, surgery, and safety education. The ALSC is proud of its curriculum and its distinguished membership, including our honorary members Gordon J. Christensen, DDS, MSD, PhD and Rella P. Christensen, RDH, PhD, world-renowned leaders in dental product research and education, who welcomed the ALSC's mission: "Peter, we congranulate you on starting a laser study club. It is greatly needed, and you are the man to do it." Other Honorary Members of the ALSC are Charles M. Cobb, DDS, MS, PhD, Professor Emeritus, Department of Periodontics, School of Dentistry, University of Missouri-Kansas City; and C. Kumar N. Patel, PhD, MS, the Inventor of the CD<sub>2</sub> Laser; Recipient of National Medal of Science (1996); Member of US National Inventors Hall of Fame 2012; Professor Emeritus, UCLA. The ALSC is proud to have helped many dentists and surgeons.





## Guardian Disability Insurance Discount for Maryland State Dental Association Members!

R.K. Tongue Co. has partnered with the Guardian Life Insurance Company to offer Maryland State Dental Association (MSDA) members a <u>10% discount</u> on individually owned disability income insurance.

Guardian is the leading provider of personally owned disability policies for dentists and has been the market leader for several decades.

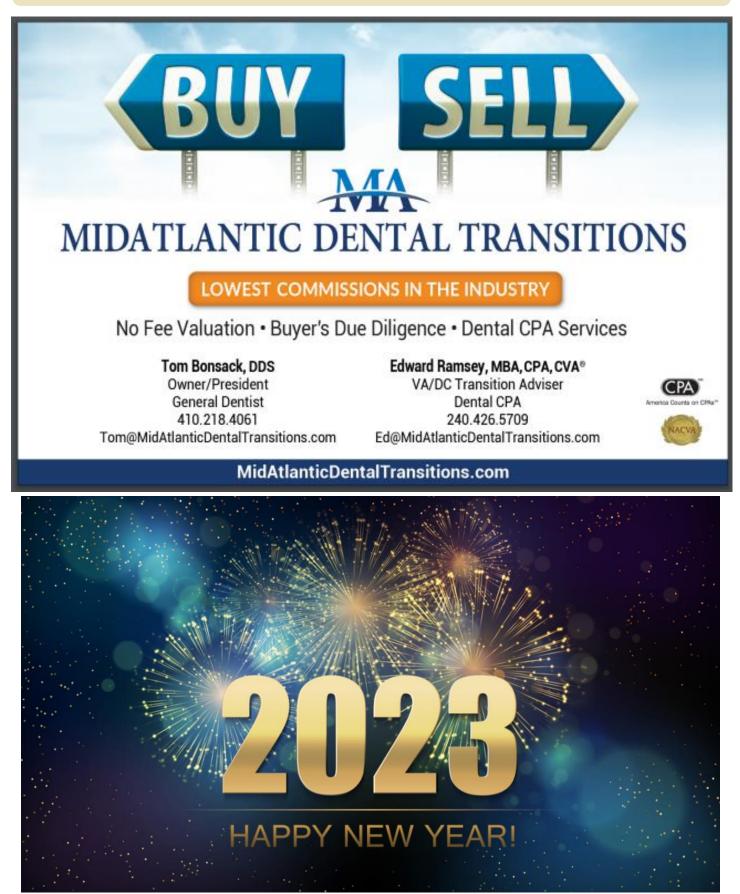
### Why Guardian Disability Insurance for Dentists?

- True Own-Occupation Definition of Total Disability
- Enhanced Partial Disability Benefits that delivers more benefits sooner and for a longer duration than most in the industry.
- Provides industry-leading income protection in the event you become too sick or injured to work

To see how much coverage you qualify for and to obtain an instant quote, please visit www.disabilityquotes.com/msda.

For more information and to see how much you could save, please contact R.K. Tongue Co. at 410.752.4008 or email at info@rktongue.com.

## The Classifieds



## N/LTransitions

www.nltransitions.com

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- Free Consultation
- No Dual Representation
- Transition Planning
- Market Price Assessment
- Backed by a team of Dental Professionals

al Professionals Ellen Der Director, N/L Tr

"After a few attempts to sell my practice with other brokers, Ellen and N/L Transitions not only brought in more prospective buyers, but also sold the practice quickly and efficiently. She managed the entire process from the beginning through to settlement – her performance was stellar"

Stuart Gordon, DDS

Other references available upon request

N/L TRANSITIONS – LISTING YOUR PRACTICE WITH N/L TRANSITIONS MEANS you will get PERSONAL-IZED, EXPERIENCED SERVICE with the UTMOST IN-TEGRITY. Call or email Ellen Dorner for more information at 410-616-2042 or email edorner@nltransitions.com. Ask to see the TESTIMO-NIALS FROM SATISFIED SELLERS!

**GP PRACTICE - BALTIMORE COUNTY – INCREDIBLE** 

**OPPORTUNITY** - Outstanding GP practice in freestanding building with excellent exposure and abundant parking. 1,440 S/F, 5 OP's. Practice currently open 4 days/week. Over 2,200 active patients, @11 new patients/month. Dentrix software. Digital radiography, Panorex, Hiossen Implant System, intra-oral camera. PPO's/FFS. For more information, contact Ellen Dorner – 410-616-2042 – edorner@nltransitions.com.

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in condo office park with excellent exposure and abundant parking. 1,130 S/F, 3 OP's, 2 addl plumbed. Practice currently open 4 days/week. Over 1,500 active patients, @10-15 new patients/month. Refers out all specialty procedures. Softdent software. Digital radiography, Panorex, Scanner, intra-oral camera. PPO's/FFS. For more information, contact Ellen Dorner – 410-616-2042 – <u>edorner@nltransitions.com</u>

ANNE ARUNDEL COUNTY – OUTSTANDING GP PRAC-TICE in free-standing building with excellent exposure and abundant parking. 2,000 S/F, 5 OP's. Practice currently open 3 ½ days/week. Over 1600 active patients, @18 new patients/month. Dentrix software. Digital radiography. PPO's/FFS. For more information, contact Ellen Dorner – 410-616-2042 –

### edorner@nltransitions.com

**GP PRACTICE - CARROLL COUNTY –** Outstanding GP practice in 2-story office/retail building with excellent exposure and abundant parking. 1,100 S/F, 3 OP's, Refers out most specialty procedures. Practice currently open 4 days/week. Approximately 1400 active patients, @14 new patients/month. Dentrix software. Digital radiography, Digital Pan, Intra-oral camera. PPO's/FFS. For more information, contact Ellen Dorner – 410-616-2042 <u>–edorner@nltransitions.com</u>

EXTRAORDINARY GP PRACTICE - BALTIMORE COUN-

**TY, MD** –located in business park with excellent visibility. Abundant free parking. 8 OP's and 4 additional plumbed OP. Open Dental software. Digital radiography, digital scanner, CBCT, Planmeca mill and oven. @4,800 active patients. PPO's only. For more information, contact Ellen Dorner – 410-616-2042 – edorner@nltransitions.com



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Director, N/L Transitio

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Stuart Gordon, DDS

Other references available upon request

HOWARD COUNTY – OUTSTANDING GP PRACTICE in 2-<br/>story condo building with excellent exposure and abun-<br/>dant parking. 2,400 S/F, 6 OP's, with 3 addl plumbed OP's.tronic charts. For more info<br/>at N/L Transitions – <br/>edorner@nltransitions.comRefers out most specialty procedures. Practice currently<br/>open 3 ½ days/week. Over 1000 active patients, @14 new<br/>patients/month. Soft Dent software. Digital radiography,<br/>Panorex. PPO's/FFS. For more information, contact Ellen<br/>Dorner – 410-616-2042 – edorner@nltransitions.comNEW LISTING – PEDIATRIC F<br/>4,000+ S/F with addl 1,000 S<br/>office bldg. 6 OP's, @12,000<br/>patients/month. Dentrix sof

ANNE ARUNDEL COUNTY – OUTSTANDING GP PRACTICE

in free-standing building with excellent exposure and abundant parking. 2,000 S/F, 5 OP's. Practice currently open 3 ½ days/week. Over 1600 active patients, @18 new patients/month. Dentrix software. Digital radiography. PPO's/FFS. For more information, contact Ellen Dorner – 410-616-2042 -<u>edorner@nltransitions.com</u>

PERFECT FOR SATELLITE LOCATION - GP PRACTICE – MONTGOMERY COUNTY - @1,000 S/F in townhouse in office complex conveniently located off Rockville Pike. Abundant free parking. 3 OP's. @997 active patients – 10-15 new pts/month. Dentrix Ascend software, Dentamax digital radiography. Refers out specialty procedures. Currently no mktg. For more information, contact Ellen Dorner at N/L Transitions - 410-616-2042 or edorner@nltransitions.com

OUTSTANDING PEDIATRIC PRACTICE – MD -I70 corridor – 4,000+ S/F in outstanding condo office bldg. 11 OP's, @17,000 active patients – 35 new patients/month. Dentrix software. Digital Pan/Ceph, digital radiographs, elec-

tronic charts. For more information, contact Ellen Dorner at N/L Transitions – 410-616-2042 or <u>edorner@nltransitions.com</u>

**NEW LISTING – PEDIATRIC PRACTICE – Western MD** – 4,000+ S/F with addl 1,000 S/F for expansion in condo office bldg. 6 OP's, @12,000 active patients – 60 new patients/month. Dentrix software. Digital Pan/Ceph, digital radiographs, electronic charts. For more information, contact Ellen Dorner at N/L Transitions – 410-616-2042 or edorner@nltransitions.com.

OMS PRACTICE – CARROLL **COUNTY, MD** - @1043 S/F medical bldg. Abundant free parking. 2 OP's. NueMD software. Low overhead. Excellent growth opportunity. For more information, contact Ellen Dorner at N/L Transitions – 410-616-2042 or <u>edorner@nltransitions.com</u>.

**OMS PRACTICE – MONTGOMERY COUNTY, MD** – 1586 S/ F in upscale medical bldg. NueMD software. 2 OP'S. Low overhead. Currently no marketing done, excellent growth opportunity. For more information, contact Ellen Dorner at N/L Transitions – 410-616-2042 or edorner@nltransitions.com

CLASSIFIED ADS ARE FREE FOR ALL SMDS MEMBERS. All others will be charged a \$50.00 fee. Ads should be 5 lines or 50 words. An additional fee will be charged for longer ads. All ads must be legible and typed copy is preferred. You may fax copies to 240-542-4774. All payments must be paid in advance. APPROVAL The Southern Maryland Dental Society reserves the right of approval on all ads.