

THE SOUTHERN MARYLAND DENTAL SOCIETY PRESENTS

**1 Day
Hands-On Course
8 CE Hours**

**“My Jaw Hurts! What do I do?”
An Overview of Temporomandibular Disorders, Diagnosis
and Management: A Hands-On Injection Workshop**

College Park, MD (near Washington, DC)

4920 Niagara Road Suite 306, College Park, MD 20740

Course synopsis

Temporomandibular disorders (TMDs) affect approximately 10% of the general population. Obtaining an appropriate diagnosis and treatment plan can be perplexing. This course will review the types of TMDs: arthrogenous disorders, myogenous disorders, internal derangements, as well as other uncommon joint conditions. Etiology, pathogenesis, pain mechanisms and dysfunction, examination methods, diagnostic tests, and management strategies will be discussed. Dentists will learn how to easily differentiate between muscle vs. joint conditions and implement medical, dental, pharmacologic and behavioral treatments. Clinical case studies will be presented to illustrate the treatment of the various TMDs. The hands-on portion of the course will demonstrate how to perform the orofacial pain examination and how to provide trigger point injections and nerve blocks for the management of orofacial pain conditions.

Learning Objectives

Upon completion of this course, the participant will be able to:

- 1) Identify patients with TMDs and treat uncomplicated conditions.
- 2) Describe the underlying pain mechanisms and dysfunction of the orofacial structures.
- 3) Perform a comprehensive head and neck examination and oral diagnostic evaluation.
- 4) Define the specific TMD diagnoses.
- 5) Manage TMDs through non-pharmacological methods, including splint therapy, interventional therapy, and physical medicine.
- 6) Select, administer and prescribe pharmacological agents in the treatment of TMDs.
- 7) Learn how to perform trigger point injections and nerve blocks.

Teaching Methods: Lecture and Hands-on Workshop

Register Today

Call 301 345-4196 Or Email Valerie@smdsdentists.org

Meet the Instructor

**Seena Patel
DMD, MPH**

Dr. Seena Patel currently serves as the Associate Director of Oral Medicine and Associate Professor at the Arizona School of Dentistry & Oral Health at A.T. Still University. She is also an associate at Southwest Orofacial Group in Phoenix, AZ, limiting her practice to

orofacial pain, oral medicine, and dental sleep medicine. She is a Diplomate of the American Board of Orofacial Pain and the American Board of Oral Medicine. Dr. Patel simultaneously earned her dental and master's in public health degrees from the Arizona School of Dentistry & Oral Health, and thereafter, completed her residency in both orofacial pain and oral medicine at the Herman Ostrow School of Dentistry at the University of Southern California.

Her educational and research interests are in myofascial pain, neuropathic pain, oral mucosal diseases, management of obstructive sleep apnea with mandibular advancement devices, and the dental management of patients undergoing head and neck cancer therapy.

Dr. Patel maintains her membership in the American Academy of Orofacial Pain, and American Academy of Oral Medicine, Arizona Dental Association, American Dental Association, and American Dental Education Association.



PACE
ACADEMY of
GENERAL DENTISTRY
PROGRAM APPROVAL
FOR CONTINUING
EDUCATION

Approved PACE Program Provider #212256

AGD Endorsement: 01/01/2019 to 12/31/2022

Tuition

SMDS Members:	\$795	Non SMDS members:	\$925
Residents:	\$295	Staff/Patient:	\$195

Breakfast, Lunch, Afternoon snack, hot and cold beverages will be provided.