



## Sleep Apnea: Diagnosis and Treatment. Addressing Ankyloglossia as a Possible Contributing Factor. Introduction to Laser Frenectomies.

4920 Niagara Rd, Suite 306 College Park, MD 20740

### 2-Day Hands-On Course 15 CEUs

**When:** Saturday & Sunday,  
August 10-11, 2019  
8:00 AM - 4:30 PM

### Meet the Instructor:



#### Diana Batoon DMD

Dr. Batoon is an international speaker in Sleep Apnea and Sleep Disordered Breathing. With her combined passion and knowledge, she challenges all in the dental and medical community to collaborate with each other to provide optimum health care to all patients. Disordered Breathing affects people of all ages and can cause more serious issues later in adult life. Not only does Dr. Batoon have the ability to influence others about the importance of identifying sleep issues among all walks of life, she has a proactive way of motivating children, parents, loved-ones and all those involved to pay attention to clues that something may be happening to their overall health.

*Breakfast, Lunch, Afternoon snack, hot and cold beverages will be provided.*

### Tuition

- SMDS members: \$775
- Non-SMDS members: \$895
- Residents: \$495
- RDH/Team members: \$330

### Registration

**Call:**  
(301) 345-4196

**Email:**  
Valerie@smdsdentists.org

**Introduction:** Ankyloglossia and Tethered Oral Tissues (TOTs) are best identified, diagnosed and treated by a multidisciplinary team of providers. This course will explore the important role of this team in facial development necessary for proper growth & development, feeding, and speech. Dr. Batoon's interest in dental sleep medicine grew from some of her continuing education courses. Her three children drove her passion to address sleep disordered breathing (SDB) in the pediatric population. Each of them had different symptoms and as she learned more about pediatric SDB, she knew she had to explore this area further. Dr. Batoon is an international speaker in the area of Sleep Apnea and SDB. She understands the vital role dentists play in identifying and treating these conditions. As a visiting faculty at SPEAR Education and international speaker on sleep apnea, she educates members of the dental community on how to be more aware and active in detecting and addressing sleep issues in dental patients.

A good surgical laser for cutting soft tissue must be able to vaporize soft tissue, while at the same time efficiently coagulating surgical margins. Not all laser wavelengths are suitable to comply with both requirements. This course focuses on the practical aspects of soft tissue laser surgery and on the fundamental processes involved in the laser-tissue interaction; it helps attendees learn how deep the laser beam cuts and how deep the coagulation and hemostasis extend into the surgical margins. Our **hands-on participation lab** is designed to train attendees on what surgical lasers can do safely and efficiently.

### Clinical Curriculum:

- Discuss Protocol for Screening and Evaluation of adult and pediatric patients for possible sleep issues. Course Handouts include scripts for front office and dental assistants, as well as scripts of communication with medical referring doctors.
- Screen and evaluate for TMD issues
- Make temporary splints. Discuss appliances selection and follow up
- Incorporate laser technology as a way to treat factors contributing to sleep issues

The course starts with the introduction to sleep medicine and follows through to actual implementation. Dr. Batoon will discuss sleep related breathing disorders in both children and adults. There will be an overview of evaluation and screening protocol and selection of appliances. Dr. Batoon will also review tips and tools for myofunctional therapy followed by full implementation. She believes that the team plays a huge role in providing the patient with optimal results and encourages you to bring your team members along with you. The course includes a hands-on experience (with pig jaws). You and your team will leave this course filled with information about sleep medicine that you can implement in your offices immediately.

### Laser Curriculum: Laser Surgery and Safety Basic Knowledge Certification Curriculum for this

Course has been developed by the American Laser Study Club (ALSC). The ALSC's curriculum overcomes the known limitations of many laser dentistry courses, and includes the detailed physics of soft tissue ablation and coagulation with laser and hot tip (non-laser) devices. Laser hands-on wetlab on tissue samples will include different laser wavelengths and will include laser safety instructions and demonstrations. Laser instructions will be assisted by guest speaker Peter Vitruk, PhD, MInstP, CPhys, DABLS, a laser physicist who founded the American Laser Study Club and LightScalpel LLC.



### Hands-On Participation Session:

- Laser Safety
- Laser Surgical Technique Simulations
- Superficial Ablation
- Superficial Coagulation
- Shallow Incision
- Deep Incisions
- Practicing Surgical Techniques on a Pig Jaw

**2 HOURS**



### Course Certificates:

Course participants, who successfully complete examination, will be awarded a **LASER SAFETY basic knowledge CERTIFICATE** from the Board of Laser Safety of the Laser Institute of America (**DISCOUNTED** cost for the ALSC members), as well as a **Laser Dentistry and Laser Surgery Basic Knowledge and Hands-On participation Wetlab CERTIFICATE** from the American Laser Study Club (**FREE** for the course participants).



**About the ALSC:** American Laser Study Club (ALSC - [www.AmericanLaserStudyClub.com](http://www.AmericanLaserStudyClub.com)) was founded to promote science-based laser dentistry, surgery and safety education. The ALSC is proud of its curriculum and its distinguished membership, including our honorary members **Gordon J. Christensen**, DDS, MSD, PhD and **Rella P. Christensen**, RDH, PhD, world renowned leaders in dental product research and education, who welcomed the ALSC's mission: "Peter, we congratulate you on starting a laser study club. It is greatly needed, and you are the man to do it." Other Honorary Members of the ALSC are **Charles M. Cobb**, DDS, MS, PhD, Professor Emeritus, Department of Periodontics, School of Dentistry, University of Missouri-Kansas City; and **C. Kumar N. Patel**, PhD, MS, the Inventor of the CO<sub>2</sub> Laser; Recipient of National Medal of Science (1996); Member of US National Inventors Hall of Fame 2012; Professor Emeritus, UCLA. The ALSC is proud to have helped many dentists and surgeons.

**SOUTHERN MARYLAND DENTAL SOCIETY  
SLEEP APNEA  
Dr. Diana Batoon  
AUGUST 10-11, 2019**

<b>SMDS members \$775.00</b>	<b>NON SMDS Member \$895.00</b>
<b>Residents \$495.00</b>	<b>RDH/Staff \$330.00</b>

**Please send a Check made out to  
Southern Maryland Dental Society  
And mail along with registration to:**

**Suite 306  
4920 Niagara Road  
College Park, Maryland 20740**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

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**TELEPHONE:** \_\_\_\_\_ **e-mail** \_\_\_\_\_

**Cancellation Fee \$50.00 NO refunds after JULY 31, 2019**